# **Spread the Facts | Radio Scripts - English**

## :10 radio script

The more people stay at home, the fewer people will get COVID-19. Stay home and take care of your health and your family. Message paid by the state of Washington.

### :15 radio script

You may have questions about COVID-19. What if I'm sick? I lost my job, how do I get help? How do I keep my loved ones healthy? We have answers. Visit Coronavirus.wa.gov Spread the Facts. This message paid for by the state of Washington.

#### :30 radio script

Not sure what it means to stay home to fight Covid-19?

It means limiting your in-person interactions to your immediate household and connecting with family and friends through calls and email. Limit your trips to just the essentials. Like groceries or prescriptions. You can still go for walks, just keep at least six feet away from others. Stay healthy by washing your hands frequently with soap and water and keep surfaces clean.

Together, we will get through this. Visit coronavirus.wa.gov. Spread the facts. This message paid for by the state of Washington.

## :60 radio script

Every person in Washington State is dealing with the challenges of the COVID-19 Pandemic. Most people are staying home to stay healthy. Thank you.

The more you stay home, the faster we can defeat this virus and get back to normal. But staying home and away from other people can make us feel lonely, sad or anxious. Especially when coronavirus is the only thing on the news these days.

There are things you can do to help yourself and your loved ones feel better:

- Limit how much you read, watch, or listen to news that makes you feel anxious.
- Stay connected with others online and through phone calls.
- Go for a walk and say hi to your neighbors-- from six feet away, of course!
- And last but not least, know that this is all temporary. There will be a day when we look back and say, we did it and we did it together.

Thank you for staying home. Thank you for doing your part. We can do this. For more tips about staying connected while we are apart, visit coronavirus.wa.gov and Spread the Facts. This message paid for by the state of Washington.